

LUNCHES

We can organise Chef's Choice for any order – please just give us your budget and any special dietary requirements – or see our Easy Choice Menus.

MEALBOXES

\$14.00 (+GST) per person

- These are *individual* portioned lunch boxes served in a biodegradable box which is ideal at the boardroom table or out on a site visit where there are no tables available -

Special dietary requirements will be provided as Chef's Choice

- A) Bagel with Pastrami, Sauerkraut, Swiss Cheese & Salad
Greek Salad – Tomato, Cucumber, Feta, Red Onion & Olive (V)
Piece of Fresh Fruit (V)
Carrot Cake (V)
Water or Mini Juice
- B) Granary Roll with Smoked Salmon & Cream Cheese
Roast Capsicum and Sweet Corn Frittata (V)
Piece of Fresh Fruit (V)
Homemade Muesli Bar topped with Dark Chocolate (V)
Water or Mini Juice
- C) Ciabatta Roll with Bacon, Lettuce, Avocado & Tomato (BLAT)
Selection of Vegetarian Sushi (V)
Piece of Fresh Fruit (V)
Chocolate Fudge Brownie (V)
Water or Mini Juice
- D) Baguette with Coronation Chicken (Lightly Curried Chicken)
Bacon & Egg Pie – served cold
Piece of Fresh Fruit (V)
Mint & Chocolate Slice (V)
Water or Mini Juice

BAGELS, SANDWICHES & BREADS

Please choose between Bagels, Harvest Seed Rolls, Wraps, Club Sandwich, Baguette or Ciabatta Rolls

Small Bread item @ \$3.15 (+GST) per item – ideal as part of a 4 or 5 choice lunch

Large Bread Item @ \$4.50 (+GST) per item – ideal as part of 2 or 3 item lunch

- Coronation Chicken – Lightly Curried Mayonnaise with Apricots
Smoked Salmon, Cream Cheese & Salad
Pastrami, Sauerkraut, Swiss Cheese & Salad
Bacon, Lettuce, Avocado & Tomato
- Roast Beef with Caramelised Red Onion & Horseradish (DF)
Smoked Chicken with Cranberry & Brie
Ham, Cheddar & Salad
Roast Chicken Mayonnaise & Salad
Roast Chicken, Bacon, Aioli & Salad
Salami, Cheddar & Chutney w/ Salad
- Grilled Vegetables with Cottage Cheese & Pesto (V)
Egg Mayonnaise & Chives (V)
Chicken Mayonnaise & Pesto
Salad, Tomato & Hummus (V/DF)

Jalapeno Corn Chips with Hummus and Pesto dips (V/GF)

HOT FOOD

@ \$4.20 (+GST) per item

Meals will be delivered in a serving dish or individual bowls / noodle boxes

Vegetarian Soup of the Day served with a bread roll - served from a Thermos flask **(V)**
Please be aware that our soups are homemade, vegetarian, gluten free and dairy free

Tender Butter Chicken Curry with Rice **(DF)**
Meatballs with Tomato Sauce with Rice **(DF)**
Grilled Chicken Satay skewers with Rice **(GF)**
Vegetarian Bean Cassoulet with Tomato Sauce & Rice **(V/GF/DF)**
Chilli con Carne served with Rice & Sour Cream
Nasi Goreng **(V/DF)**

BIG MEAL OPTIONS

@ \$5.50 (+GST) per item

Lamb & Mint Pie
Spinach & Feta Quiche **(V)**
Jacket Potato with Coleslaw, Cottage Cheese & Cheddar **(V)**
Wholemeal Pasta w/ Goat's Cheese, Lemon and Hummus **(V)**

HOT & COLD SAVOURIES

@ \$3.15 (+GST) per item

Bacon & Egg Pie
Smoked Chicken, Cranberry & Brie Savoury
Mince & Cheese Savoury
Potato topped Shepherd's Pie Savoury
Leek & Blue Cheese Savoury **(V)**
Baked Vegetarian Samosas **(V/DF)**
Grilled Mini Burger with Tomato Chutney and Cheddar
Grilled Lamb Kofta with Cucumber & Minted Yoghurt **(GF)**
Individual Pizzas – Tomato, Chorizo and Mozzarella
Individual Pizzas – Caramelised Red Onion, Feta and Tomato **(V)**
Roast Capsicum & Sweet Corn Frittata **(V/GF)**

Sausage Rolls

Cheese Kransky Sausage Roll, served with Tomato Sauce
Sausage Roll with Tomato Sauce
Zingy Chicken Sausage Roll with Tomato Sauce
Venison & Red Wine Sausage Roll with Tomato Sauce
Pork & Fennel Sausage Roll with Tomato Sauce

SUSHI

Vegetable and Avocado **(V)**
Teriyaki Chicken
Vegetarian Seaweed **(V)**
Fresh Salmon

- Please choose your favourites or get a delicious selection – served with Wasabi & Soy

@ \$4.20 (+GST) per item

BBQ marinated Roast Chicken Drumstick
Homemade Fishcakes served with Tartare Sauce
Seared Pecorino & Pea Risotto Cakes w/ Salsa Verde **(V)**
Yorkshire Pudding filled with Roast Beef & Caramelised Red Onion **(DF)**

SALADS

served from a serving bowl or in individual noodle boxes
@ \$4.20 (+GST) per item or in a large noodle box @ \$8.00 (+GST)

Caesar Salad with Roast Chicken, Crostini & Parmesan
Greek Salad – Tomato, Cucumber, Feta, Red Onion & Olive (V/GF)
Teriyaki Chicken and Rice Salad
Roast Beef & Asian Noodle Salad
Sesame Crusted Chicken Salad
Asian Crunchy Fried Noodle Coleslaw Salad (V)
Vegetarian Nicoise Salad - Green Bean, Tomato, Boiled Egg, Potato and Olive (V)
Potato Salad with finely chopped Red Onion tossed in Mayonnaise (V/GF)
Pasta, Pesto & Pea Salad (V)
Cashew Nut, Coriander & Cous Cous Salad (V/DF)
Coleslaw – thinly shredded Carrots, Cabbage and Onions tossed in Mayonnaise (V)

SWEET CHOICES

@ \$3.15 (+GST)

Bowl of Fresh Fruit (V/GF/DF)
Fresh Fruit Kebab (V/GF/DF)
Lamington (V)
Seasonal Fruit Cheesecake (V)
Sliced Fresh Fruit Platter or Fresh Fruit Salad (V/GF/DF)
Berry, Banana & Yoghurt Smoothie (V/GF)
Chocolate topped Profiteroles filled with fresh whipped Cream (V)
Homemade Muesli Bar topped with Dark Chocolate (V)
Lemon & Coconut Slice (V)
Mint & Chocolate Slice (V)
Ginger Crunch Slice (V)
Carrot Cake (V)
Homemade Sweet Tart Selection (V)
Chocolate Fudge Brownie (V)

@ \$4.50 (+GST) per item:

Chocolate Whoopie – Chocolate Sponge filled with Butter Cream smothered in Chocolate (V)
Mammoth Yoghurt – filled with seeds (V)
Homemade Creamy Vanilla Rice Pudding – served chilled in a large bowl (V)

Cheese & Fruit Platter **@ \$6.50 (+GST) served with cheese crackers and accompaniments**
Cheese Platter **@ \$5.50 (+GST) served with cheese crackers and accompaniments**

BEVERAGES

Beverages are available for Breakfast, Morning Tea, Lunch and Afternoon Tea

Bottled Water - \$3.50
Charlie's Orange Juice - \$7.50 per litre
Charlie's Apple Juice - \$7.50 per litre
Coffee and selection of Teas - \$3.50 per person with Disposable Cups
Coffee and selection of Teas - \$4.25 per person with Crockery, Cups & Saucers

We use Emporio Fair Trade Organic Coffee